

What is claimed is:

1. A portable food container for separately retaining first and second food items,
the portable food container comprising:

an outer container including a first receptacle at least partially defining a first compartment for retaining a food item selected from the group consisting of the first and second food items, the first receptacle having an outer rim and a first receptacle opening defined by the outer rim;

an inner container including a second receptacle at least partially defining a second compartment for retaining a food item selected from the group consisting of the first and second food items, the second receptacle having a peripheral collar having an outer edge and an inner edge, the outer edge designed and constructed to engage the outer rim of the first receptacle such that the inner container resides at least partially within the outer container; the inner edge defining a second receptacle opening; the peripheral collar having an upper surface interconnecting the outer edge with the inner edge; the upper surface having an upper surface opening which communicates with the first compartment when the outer edge of the peripheral collar is engaged with the outer rim of the outer container; and

an upper cover designed and constructed to engage the peripheral collar in such a manner so as to retain a first or second food item placed within the second compartment when the upper cover is engaged with the peripheral collar and the second receptacle is turned from a first position, where the second receptacle opening is positioned generally above the second compartment, to a second position, where the second receptacle opening is positioned generally below the second compartment and the force of gravity would otherwise cause any first or second food item within the second compartment to fall out of such second compartment.

2. The portable food container of claim 1, wherein the upper cover covers both the second receptacle opening and the upper surface opening.
3. The portable food container of claim 2, wherein the upper cover is force fit to engage both the second receptacle opening and the upper surface opening.
4. The portable food container of claim 2, wherein the upper cover includes an adhesive, which engages the upper cover to the peripheral collar.
5. The portable food container of claim 1, wherein the upper cover covers only the second receptacle opening and the upper surface opening is covered by a second cover smaller than the upper cover.
6. The portable food container of claim 1, wherein the outer rim has an annular perimeter.
7. The portable food container of claim 1, further comprising a continuous adhesive seal joining the peripheral collar to the outer rim of the outer container.
8. The portable food container of claim 1, wherein the second receptacle has an outer wall which at least partially defines the first compartment when the outer edge of the peripheral collar is engaged with the outer rim of the outer container; the portable food container having a flavor tablet including flavoring agents; wherein the flavor tablet is positioned within the first compartment such that the tablet dissolves, thereby releasing the flavoring agents, when the tablet comes into contact with a fluid food item within the first compartment having an aqueous phase.
9. The portable food container of claim 8, wherein the flavor tablet is engaged with the outer wall of the second receptacle.

10. The portable food container of claim 9, wherein the outer wall of the second receptacle has a bottom surface, the bottom surface having a recess, the flavor tablet being engaged with the outer wall within the recess.

11. The portable food container of claim 1, wherein the second receptacle has an outer wall which at least partially defines the first compartment when the outer edge of the peripheral collar is engaged with the outer rim of the outer container and the second receptacle has an inner wall which at least partially defines the second compartment; the first compartment having a first volume and the second compartment having a second volume, the second volume being equal to or greater than the first volume.

12. The portable food container of claim 1, wherein the second receptacle has an outer wall which at least partially defines the first compartment when the outer edge of the peripheral collar is engaged with the outer rim of the outer container and the second receptacle has an inner wall which at least partially defines the second compartment; the first compartment having a first volume and the second compartment having a second volume, wherein the second volume is from about 50% to about 99% of the total volume of the first volume and the second volume combined.

13. The portable food container of claim 1, wherein the second receptacle opening is separated from the upper surface opening by a distance of less than about 1 inch.

14. The portable food container of claim 1, wherein the peripheral collar further includes an air vent opening.

15. A portable food container for separately retaining first and second food items, the portable food container comprising:

an outer container including a first receptacle at least partially defining a first compartment for retaining a food item selected from the group consisting of

the first and second food items, the first receptacle having an outer rim and a first receptacle opening defined by the outer rim;

an inner container including a second receptacle at least partially defining a second compartment for retaining a food item selected from the group consisting of the first and second food items, the second receptacle having a peripheral collar having an outer edge and an inner edge, the outer edge designed and constructed to engage the outer rim of the first receptacle such that the inner container resides at least partially within the outer container; the inner edge defining a second receptacle opening; the peripheral collar having an upper surface interconnecting the outer edge with the inner edge; the upper surface having an upper surface opening which communicates with the first compartment when the outer edge of the inner container is engaged with the outer rim of the outer container; and

an upper cover designed and constructed to engage the peripheral collar in such a manner so as to retain a first or second food item placed within the second compartment when the upper cover is engaged with the peripheral collar and the second receptacle is turned from a first position, where the second receptacle opening is positioned generally above the second compartment, to a second position, where the second receptacle opening is positioned generally below the second compartment and the force of gravity would otherwise cause any first or second food item within the second compartment to fall out of such second compartment; wherein the second receptacle has an outer wall which at least partially defines the first compartment when the outer edge of the peripheral collar is engaged with the outer rim of the outer container and the second receptacle has an inner wall which at least partially defines the second compartment; the first compartment having a first volume and the second compartment having a second volume, wherein the second volume is from about 50% to about 99% of the total volume of the first volume and the second volume combined.

16. The portable food container of claim 15, further comprising a continuous adhesive seal joining the peripheral collar to the outer rim of the outer container, wherein the outer rim has an annular perimeter.

17. The portable food container of claim 15, wherein the second receptacle has an outer wall which at least partially defines the first compartment when the outer edge of the peripheral collar is engaged with the outer rim of the outer container; the portable food container having a flavor tablet including flavoring agents; wherein the flavor tablet dissolves, thereby releasing the flavoring agents, when the tablet comes into contact with fluids within the first compartment having an aqueous phase; the flavoring agent being engaged with the outer wall such that it will come into contact with fluid if a fluid food item is filled into the first compartment.

18. The portable food container of claim 17, wherein the outer wall of the second receptacle has a bottom surface, the bottom surface having a recess, the flavor tablet being engaged with the outer wall within the recess.

19. The portable food container of claim 15, wherein the second receptacle opening is separated from the upper surface opening by a distance of less than about 1 inch.

20. The portable food container of claim 15, wherein the peripheral collar further includes an air vent opening.

21. A portable food container for separately retaining first and second food items, the portable food container comprising:

an outer container including a first receptacle at least partially defining a first compartment for retaining a food item selected from the group consisting of the first and second food items, the first receptacle having an outer rim and a first receptacle opening defined by the outer rim;

an inner container including a second receptacle at least partially defining a second compartment for retaining a food item selected from the group consisting of the first and second food items, the second receptacle having a peripheral collar having an outer edge and an inner edge, the outer edge designed and constructed to engage the outer rim of the first receptacle such that the inner container resides at least partially within the outer container; the inner edge defining a second receptacle opening; the peripheral collar having an upper surface interconnecting the outer edge with the inner edge; the upper surface having an upper surface opening which communicates with the first compartment when the outer edge of the inner container is engaged with the outer rim of the outer container; and

an upper cover designed and constructed to engage the peripheral collar in such a manner so as to retain a first or second food item placed within the second compartment when the upper cover is engaged with the peripheral collar and the second receptacle is turned from a first position, where the second receptacle opening is positioned generally above the second compartment, to a second position, where the second receptacle opening is positioned generally below the second compartment and the force of gravity would otherwise cause any first or second food item within the second compartment to fall out of such second compartment; wherein the second receptacle has an outer wall which at least partially defines the first compartment when the outer edge of the peripheral collar is engaged with the outer rim of the outer container and the second receptacle has an inner wall which at least partially defines the second compartment; wherein the second receptacle opening is separated from the upper surface opening by a distance of less than about 1 inch.

22. The portable food container of claim 21, further comprising a continuous adhesive seal joining the peripheral collar to the outer rim of the outer container, wherein the outer rim has an annular perimeter.
23. The portable food container of claim 21, wherein the second receptacle has an outer wall which at least partially defines the first compartment when the outer

edge of the peripheral collar is engaged with the outer rim of the outer container and the second receptacle has an inner wall which at least partially defines the second compartment; the first compartment having a first volume and the second compartment having a second volume, wherein the second volume is from about 50% to about 99% of the total volume of the first volume and the second volume combined.

24. The portable food container of claim 21, wherein the second receptacle has an outer wall which at least partially defines the first compartment when the outer edge of the peripheral collar is engaged with the outer rim of the outer container; the portable food container having a flavor tablet including flavoring agents; wherein the flavor tablet is positioned within the first compartment such that the tablet dissolves, thereby releasing the flavoring agents, when the tablet comes into contact with a fluid food item within the first compartment having an aqueous phase.

25. The portable food container of claim 24, wherein the flavor tablet is engaged with the outer wall of the second receptacle.

26. The portable food container of claim 25, wherein the outer wall of the second receptacle has a bottom surface, the bottom surface having a recess, the flavor tablet being engaged with the outer wall within the recess.

27. The portable food container of claim 21, wherein the peripheral collar further includes an air vent opening.